

Type of Manuscripts

The *International Journal of Health Research* is a new online international journal allowing free unlimited access to abstract and full-text of published articles. The journal is devoted to the promotion of health sciences and related disciplines (including medicine, pharmacy, nursing, biotechnology, cell and molecular biology, and related engineering and social sciences fields). It seeks particularly (but not exclusively) to encourage multidisciplinary research and collaboration among scientists, the industry and the healthcare professionals. It will also provide an international forum for the communication and evaluation of data, methods and findings in health sciences and related disciplines. The journal welcomes original research papers, reviews and case reports on current topics of special interest and relevance.

All manuscripts will be subject to rapid peer review. Those of high quality (not previously published and not under consideration for publication) will be published without delay. The maximum length of manuscripts should normally be 10,000 words (20 single-spaced typewritten pages) for review, 6,000 words for research articles, 3,000 for technical notes, commentaries and short communications.

Page Charge

Authors will usually be required to pay for reprints once the paper is accepted for publication. Details of the payment can be obtained from the Editor (editor_ijhr@yahoo.com).

Submission of Manuscript

All manuscripts (must be in English) should be submitted via our online Journal Manager[®] (<http://www.ijhr.org/jmanager>). The FIRST NAMEs, Initials (if any) and LAST NAMEs as well as the e-mail addresses (or telephone numbers) of all authors **must** be provided. A copy of the manuscript in MS Word format may also be submitted via e-mail. Illustrations (figures) should be in computer format. Images for any manuscript should not exceed 200 kilobytes unless prior authorization is received from the editor-in-chief. Authors may submit the names, affiliations and addresses (including e-mail) of expert reviewers or those they do not want to review their papers.

Inquiries may be directed to:

The Editor

International Journal of Health Research
E-mail: editor_ijhr@yahoo.com or editor@ijhr.org

An indication that the content of the manuscript has not been published or under consideration for publication elsewhere should accompany the manuscript. Authors

may submit the names of expert reviewers or those they do not want to review their papers.

Manuscript Format

The preferred format of all manuscript is MS Word or RTF. Illustrations (figures) and images must be inserted in the manuscript at the position they should appear when published.

Manuscript Style

The language of the journal is English. Each manuscript should be typed single-spaced on A4 (8.5" × 11") paper size with 1 inch margins. It should be arranged in the following order: Title, Abstract, Keywords, Introduction, Experimental, Results, Discussion, Conclusion(s), Acknowledgements, Conflict of Interest, Contribution of Authors, and References.

► **First page of manuscript:** This should include the title of the article, authors' names (with full first name, initial and then the last name of each author) and their affiliations as well as Abstract and keywords. The corresponding author must give the full corresponding address (including telephone and e-mail address) at the bottom of the page.

► **Abstract:** This should not be more than 200 words and should be arranged in the following order:

PURPOSE: The purpose of the investigation.

METHODS: The method adopted in the investigation. This should be very clear and precise.

RESULTS: The findings of the investigation.

CONCLUSION: Final conclusive statements on the work.

Keywords: Include between 3 and 10 keywords for indexing purposes.

► **Acknowledgements:** Authors should acknowledge all those who made contribution to the work who cannot necessarily be included in the list of authors. In this section, the funding body should also be acknowledged as appropriate.

► **Conflict of Interest:** Authors must declare any conflict of interest. If there are none, the authors should indicate "No conflict of interest associated with this work".

► **Contribution of Authors:** The authors must declare that they did the work by beginning this section with the following statement, "*I(We) declare that this work was done by the author(s) named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by the authors*". In addition, a declaration of the role of each author mentioned in the manuscript should be provided. The author who conceived and designed the study as well as the person(s) who collected and analysed the data must be specified. **Note:** *It is assumed by the Publishers of this*

journal that authors submitted the manuscript on the ground that he/she/they did the work and did not fraudulently obtain the data being presented.

► **References:** References should be typed single-spaced on separate page(s) and numbered consecutively in the order in which they are cited in the text. Arabic numerals (ENCLOSED IN SQUARED BRACKETS, eg., [1], [1,3,5] or [1-4]) should be used in citing references in the text. The squared brackets MUST NOT be used anywhere else in the text to allow easy xml file coding. *Index Medicus Style* of abbreviations should be used for journals cited. For correct abbreviations visit <http://www.ncbi.nlm.nih.gov/pubmed/jbrowser.html>.

Unpublished work should not be included in the list of references. References should be listed using the following order:

Journal Article: If there are more than 10 authors, only the first 10 should be listed and the others should be represented with "et al."

- **Volume without Issue:** Murri R, Fantoni M, Borgo CD, Visona R, Barracco A, Zambelli A, Testa L, Orchi N, Tozzi V, Bosco O, Wu AW. Determinants of health-related quality of life in HIV-infected patients. *AIDS Care* 2003;15:581-590.
- **Volume with parts:** Hanley C. Metaphysics and innateness: a psychoanalytic perspective. *Int J Psychoanal* 1988;69(Pt 3):89-99.
- **No Issue or Volume:** Danoek K. Skiing in and through the history of medicine. *Nord Medicinhist Arsb* 1982;86-100
- **Issue but No Volume:** Baumeister AA. Origins and control of stereotyped movements. *Monogr Am Assoc Ment Defic* 1978;(3):353-384.
- **Issue with parts:** Edwards L, Meyskens F, Levine N. Effect of oral isotretinoin on dysplastic nevi. *J Am Acad Dermatol* 1989 Feb;20(2 Pt 1):257-260.

Monograph: Matthews DE, Farewell VT. *Using and Understanding Medical Statistics*, ed 3, revised. Basel, Karger, 1996.

Book:

- **Entire book:** Ohlsen, Merle M.; Horne, Arthur M.; Lowe, Charles F. *Group counseling*. New York: Holt, Rinehart, and Winston; 1988. 416 p.
- **Editors:** Diener, Hans-Christoph; Wilkinson, Marcia, editors. *Drug-induced headache*. New York: Springer-Verlag; 1988. 173 p.
- **Contribution to book:** Anderson, Robert J.; Schrier, Robert W. Acute renal failure. In: Braunswald, Eugene; Isselbacher, Kurt J.; Petersdorf, Robert G., et al., editors. *Harrison's principles of internal medicine*. 11th ed. New York: McGraw-Hill; 1987. p. 1149-1155.

Web pages:

- Hypertension, Dialysis & Clinical Nephrology [homepage on the Internet]. Hinsdale (IL): Medtext, Inc.; c1995-2001 [cited 2001 Mar 8]. Available from: <http://www.medtext.com/hdcn.htm>
- Pennington J. HIV/AIDS in Nigeria, 2007 [cited 2008 Mar 8]. Available from: <http://www.avert.org/aids-nigeria.htm>.
- Medlineplus [Internet]. Bethesda (MD): National Library of Medicine (US); [updated 2000 Apr 7; cited 2000 Apr 18]. Available from: <http://medlineplus.gov>.

Dissertation: Bertram, Kenneth. The role of natural killer activity in resistance to herpesvirus-induced disease [dissertation]. [Rochester]: University of Minnesota; 1981 Dec. 138 p

Tables: These should be numbered with arabic numerals and ending in a column, and in bold print (e.g., **Table 1:**, **Table 2:**).. Each table should be typed using a table format (ie, each variable must be typed into separate cell in the table) with only horizontal lines above and below the table column headers and at the bottom of the table (using 1 pt for the top and bottom lines and ½ pt for any middle line). No vertical lines should be included in any table. Each table MUST not exceed 6.5 x 7 inches (16.5 x 17.8 cm, width x height) and MUST be inserted at the appropriate position in the text just below where it was referred to the first time. The title should be typed at the top of the table in the sentence case format, i.e., only the first name should be in capital letters; names should also be in capital letters, as appropriate. Any footnote should be typed at the top and bottom of the table in italic.

Illustrations: Figures should be professionally drawn electronically and inserted in the appropriate position where it was first cited within the text. Symbols, lettering, and numbering MUST NOT be in bold print and should be clear and large enough to remain legible (be at least 9 points in size) after the figure has been reduced to 1/2 of the original size. While photographs may be produced in any color, graphs MUST be drawn only in black color unless the author is prepared to pay US\$100.00 for each graph in any color other than black. The legend and any footnote for each figure should be typed below the figure. If photographs of patients are used, either the subjects are not identifiable or their pictures must be accompanied by a written permission to use the images. Photographs must be clear and sharp.

Copyright

Submission is a representation that the manuscript has not been published previously and is not under consideration for publication elsewhere. Authors would be required to sign a form (to be supplied by the Editor) transferring copyright to Poracom Academic Publishers before the manuscript can be published.

Ethical Matters

Authors using experimental animals and human subjects in their investigation must seek approval from the appropriate Ethical Committee in accordance with "Principles of Laboratory Animal Care" (NIH publication no. 85-23, revised 1985) and/or the declaration of Helsinki promulgated in 1964 as amended in 1996. The method section must include a statement to prove that the investigation was approved and that informed consent was obtained.

Galley Proofs

Unless indicated otherwise, galley proofs are sent to the address given for correspondence. It is the responsibility of the corresponding author to ensure that the galley proofs are returned without delay.

Reprints

Order forms and a price list are sent with the galley proof.